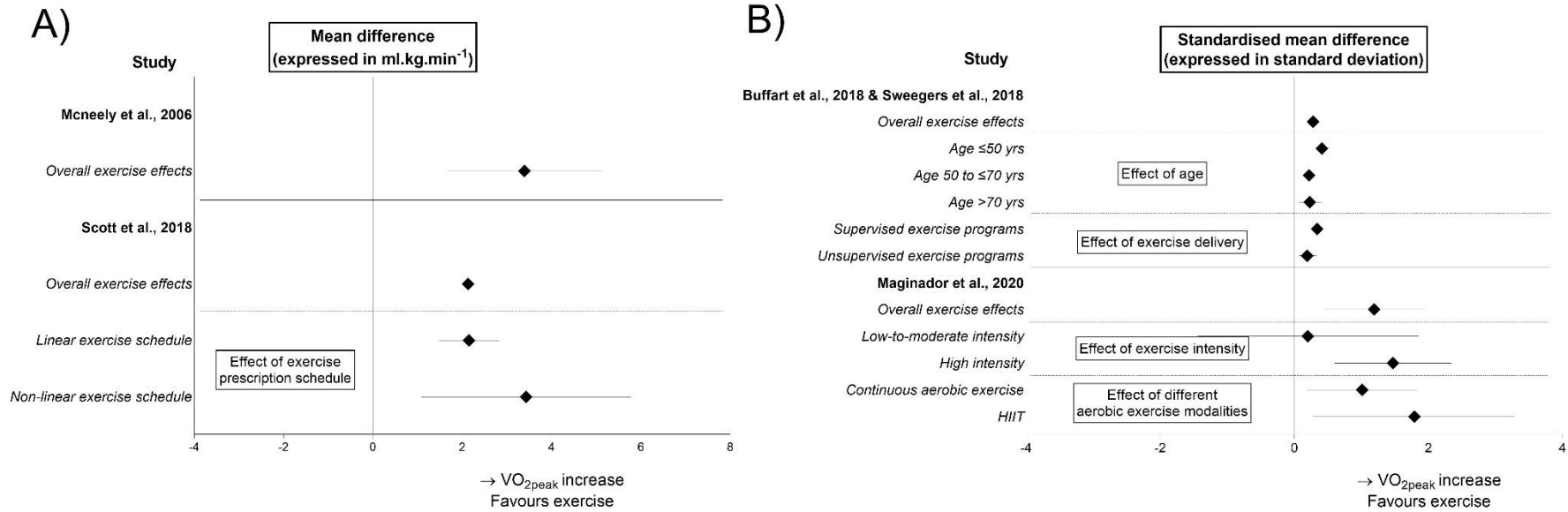


**Figure 1** - Systematic reviews with meta-analysis examining the exercise effects on cancer-related fatigue in women with breast cancer; DP = standard deviation; diamond represents the standardised mean difference and its respective 95% confidence interval



**Figure 2 - Systematic reviews with meta-analysis examining the exercise effects on cardiorespiratory fitness expressed as A) ml.kg.min<sup>-1</sup> and B) standardised mean difference in women with breast cancer; HIIT, high intensity interval training; diamond represents the effect size and its respective 95% confidence interval**